

Participants will be provided with:

- Camp t-shirt
- Swimming Sessions (Lifeguard supervised)
- Daily drinks and snack
- Free early drop off (8am or after)
- Free late pick up (5pm or before)
- Daily lunch

Daily Necessities:

- Soccer gear – cleats and running or indoor soccer shoes
- Swimsuit, towel and combination lock
- Water bottle

The parent/guardian of _____ agrees that RMC Soccer or any of its' staff will not be held responsible for any accidents resulting in medical, dental or other expenses which may occur before, during, after or enroute to or from any camp activities. In the event that I cannot be reached, it is permissible for the staff of RMC Soccer to obtain treatment from a doctor/hospital for my child in a medical emergency.

I have read, understood and am in full agreement with the above statement.

Signature of parent/guardian

RMC also does not accept responsibility for the loss of any personal items such as clothing, footwear, watches, toys, etc.

INSTRUCTORS

Chad Beaulieu – Camp Director

Coaching and Related Experience

- Head Coach RMC Varsity Women's Soccer Program
- Associate Technical Director Kingston-Belleville FC (KBFC) Pro Soccer Academy
- Chartered Professional Coach – Coaches of Canada
- National 'B' coaching licence – Canadian Soccer Association

Mike Akai – Camp Director

Coaching and Related Experience

- Assistant Coach RMC Varsity Men's Soccer Program
- Assistant Coach Kingston FC Professional Soccer Team
- Associate Technical Director Kingston-Belleville FC (KBFC) Pro Soccer Academy
- Previous Club Head Coach of Pegasus AC, Kingston United SC and Catarauqui Clippers
- 38 years youth coaching experience

Staff Instructors

- Former pro players with the Kingston FC team who are now coaching in the Kingston-Belleville FC (KBFC) Pro Soccer Academy
- Current RMC Soccer Varsity players



SOCCER
RMC March Break
SOCCER CAMP
MARCH 13-17, 2023

For further information

E-mail us at:

chad.beaulieu@rmc.ca

MISSION & PROGRAM

Camp Mission

To enhance and develop the participant's confidence, self esteem, and individual and team playing skills within a safe, fun and positive learning environment.

Program

For Whom: Boys and girls ages 7-13.

On field training sessions and scrimmages: 5-6 hrs daily in the RMC dome or KMCSC Fieldhouse or gymnasium.

Gender specific: If numbers permit, there will be an all girls training group and an all boys training group.

Other Sessions: There will be other supplementary activities such as quickness and agility training and other crossover sports.

Facilities: Organized activities at the Kingston Military Community Sports Centre including the RMC Dome, field house, gymnasium and swimming pool.

INFORMATION

Boys and Girls, ages 7-13

9 a.m. to 4 p.m. (Mon. – Fri.)

Cost:

DND / Military - \$220.00

Regular - \$275.00

Registration before **March 8th**, 2023.

Each registration must be accompanied with complete payment of registration fees (post-dated cheques will not be accepted).

Registration fee is not refundable after **March 8**, 2023.

Register:

ONLINE:

<https://pegasusac.sportngin.com/register/form/974984586>

-by mail, FILL registration form and send cheque, payable to RMC Soccer, to:

RMC Athletic Department
P.O. Box 17000 Station Forces
Kingston ON K7K 7B4
Attn: Chad Beaulieu

REGISTRATION FORM

Name _____

Address _____

City _____

Province _____ Postal Code _____

Parent's/Guardian Name _____

Telephone #: (H) _____ (W) _____

E-mail _____

Please indicate T-shirt size

Youth L XL

Men's S M L XL

Birth Date ____/____/____

Male Female Position Played _____

League played in 2022

House League ____ Rep. ____

Medical Information (allergies, disease or illnesses of which we should be aware):

OHIP # _____